

Megawatt deal worth \$4B

● 15-year agreement with Minnesota still needs regulatory approval ● Hydro also signed six-year deal with Wisconsin

Manitoba has inked the most lucrative deal in the province's history to store wind power and send electricity to Minnesota.

The 15-year deal, worth \$4 billion, is to start in 2020 after the construction of a new hydro dam.

"This is the largest dollar sale of exports that we've had in the history of Manitoba Hydro in absolute dollar terms," Premier Greg Selinger said yesterday. "Today is a day worth celebrating."

Under the agreement, Manitoba Hydro will sell 250 megawatts from 2020 to 2035. It will also import wind energy from the state and store it, selling it back to Minnesota when demand for energy grows.

The deals underline the importance of building a new transmission line along the west side of Lake Manitoba, Selinger said. The proposed route has been hotly debated. Some believe it disrupts too many properties and should be built in the eastern part of the province, which the NDP government is hoping will

become a UNESCO world heritage site.

Manitoba exports about 40 per cent of its energy — 2,000 megawatts — and these deals will boost that by another 20 per cent, Selinger said.

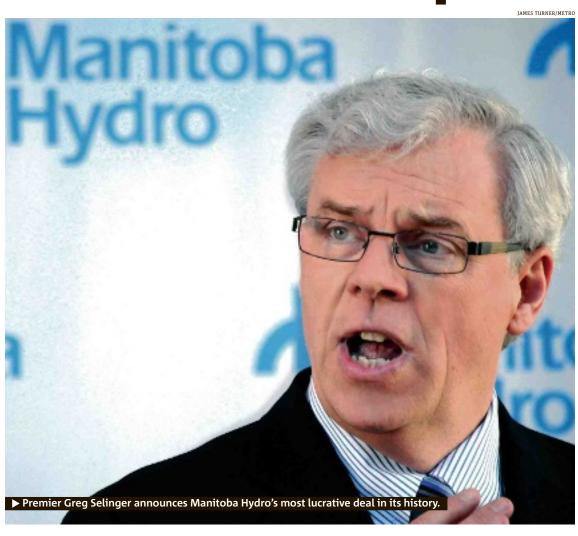
Manitoba Hydro CEO Bob Brennan said the province's power is increasingly in demand as American states start regulating how much of their energy must come from renewable sources.

"The Wisconsin legislature just approved large hydro to be a renewable source," he said. "As that happens in more and more states, our product will be much more valuable."

In a release, Minnesota Power said the deal fits with the utility's "strategy of lessening its dependence on carbon-based generation."

"Buying hydroelectric power from Manitoba Hydro is the lowest-cost option for meeting the electric demands of its customers in the 2020 timeframe," the statement said.

THE CANADIAN PRESS







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- * How a trail of pot leaves and a fire led to a pot bust
- * An officer was dragged several city blocks after a highspeed chase
- * A couple of teens charged with allegedly stealing
- * What happened at city council yester-



Cop allegedly spat at during altercation

Winnipeg police are condemning the alleged actions of a Kid Rock concert-goer accused of spitting in an officer's face and punching a security guard in an altercation at MTS Centre Tuesday night.

"It's something we don't enjoy — probably the worst part of our job," said Const. Natalie Aitken of the spitting.

The officer was treated and released after a short trip to the hospital.

Police were summoned to the downtown arena at about 10:15 p.m. to help inhouse security deal with an intoxicated 24-year-old patron who allegedly attacked

a 52-year-old guard, who had asked to see his ticket to the Kid Rock show.

As the suspect was being arrested, police say he spat at a 38-year-old officer, hitting him in the face.
"With this, it's an ab-

"With this, it's an absolute disrespect for law enforcement," Aitken said.

Police alleged the sus-

pect also tried head-butting another officer, but missed him after the officer dodged out of the way.

The suspect was held in custody and is charged with assaulting a peace officer and assault.

Police and other emergency responders are always wary of being spat at

because of the risk of contracting infectious diseases such as HIV/AIDS.

Currently, a provincial judge is weighing the evidence in an aggravated assault case involving an HIV-positive man accused of hitting a Winnipeg officer in the eye with bloody spit.

[AMES TURNER]

Do you know where they are?



◆ Concerns about sexual exploitation underscore cases of missing children



Winnipeg police and Child Find Manitoba are highlighting ongoing investigations of concern as a way of marking the seriousness of the problem of missing kids in Canada.

Each year, thousands of kids in Canada go missing as either runaways or victims of abduction. While many are found safe, some aren't located for months or years.

Others simply vanish and are never seen again.

In Manitoba, about 4,000 kids are reported missing each year, according to Det. Sgt. Shaunna Neufeld, the new head of the missing persons unit.

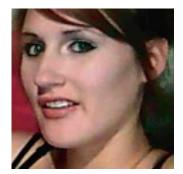
City police deal with a number of kids — many of them teen girls — who go missing and are considered at high risk of being sexually exploited.

A number are wards of Child and Family Services who run away from foster or group home placements

Investigators are keen to track the kids down quickly because of the dangers they face, Neufeld

"Winnipeg, as every other city across the country, has predators who prey on kids that are missing — the children provide sexual acts in exchange for a place to stay, in exchange for drugs ... (and) alcohol," Neufeld said.

Missing cases that remain unsolved



Laura Laquette

The 16-year-old was last seen in downtown Winnipeg on May 14. Police believe she is at high risk of being exploited or harmed and is a child in need of protection.



Amber Guiboche

The 20-year-old was last seen getting into a red truck near Isabel Street and William Avenue on Nov. 10, 2010. She has not been seen since.



Dominic and Abby Maryk

Police say the brother and sister (now aged 10 and 8) were abducted by their father, Kevin Maryk, in August
2008. Police
add they believe the
kids were
taken
somewhere
outside
Canada, and
that Maryk's
nephew,
Cody McKay,
was an
accomplice.

Any information about these cases can be passed on by contacting police at 204-986-6250 or Child Find at 1-800-532-9135

Call for city fraud tipline answered

Plans for a tipline for city employees to anonymously report suspected fraud and waste passed a vote of council yesterday without a whisper of opposition. The audit department

The audit department now has the mandate to spend about \$25,000 on setting up a 24-hour fraud and waste hotline, to be managed by a third party. The audit department would probe any allegations made.

The department came forward recently to sound the alarm about the low number of complaints made by city staffers compared to other cities.

It's "doubtless" at least some fraud and waste exists that the tipline may help root out, said Gord Steeves, chair of the city's protection and community services sub-committee

JAMES TURNER

Ban on smoking blows in

Sorry soccer moms, it's time to put down that cigarette. Effective immediately, Winnipeg city council voted to usher in a smoking ban at outdoor city athletic fields.

METRO

City to get out of golf business

Council voted yesterday to get out of the golf course business, starting with contracting out the management of the courses. A recent report states 12 city-run courses are in debt and will lose \$1 million this year.

METRO

'Patience' is the word



• Premier urges Jets fans to sit tight



How long will Manitoba's NHL fans be kept twisting in the wind, waiting for some solid news of the return of the league to Winnipeg?

The province's top political figure can't say for sure, but he knows the attitude he'd like fans to take.

"Patience is the watchword," Premier Greg Selinger said yesterday morning.

Late last week, Selinger said this past Tuesday would shape up to be an "interesting day" for NHL hockey fans salivating for any and all news about the return of a team to Winnipeg. Some took Selinger's suggestion to mean an announcement would be

made. However, nothing came and the rumour mill continued to churn.

Despite the lack of official news from True North Sports and Entertainment, Selinger suggested Tuesday was still notable.

"It was an interesting day — the negotiations are continuing, and I think what we've really understood, from the complexity of it, requires us all to be very patient," he said.

As for how long people should remain patient, the premier was blunt.

"That will be determined by the process itself."

NHL commissioner Gary Bettman is also throwing cold water on such fevered anticipation. He told a Tampa, Fla., radio station that it's "presumptuous" to assume moving the Thrashers to Winnipeg is a done deal.

Look inside today's metre for the icons below and enter for your chance to WIN.





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Our smart bombs rain on Libya

Military says Canada's jets dropped 240 laser-guided missiles

Canadian warplanes have dropped 240 laser-guided bombs on Libyan targets since March 31, the military says.

But the Canadian Forces won't reveal two other key aspects of the country's mission in Libya.

The questions:

What's the cost to taxpayers of those 227-kilogram bombs?

What's the price tag for the Libya mission to date?

Brig.-Gen. Richard Blanchette revealed the number of bombs in the weekly briefing on Canada's participation in the NATO-led air campaign over Libya.

Just a week earlier, he deemed that information off limits for "operational security" reasons.

NDP Leader Jack Layton said the time has come for the government to come clean on the dirty details of Canada's participation in the United Nations-sanctioned international military campaign to protect civilians from attacks by

Military silence

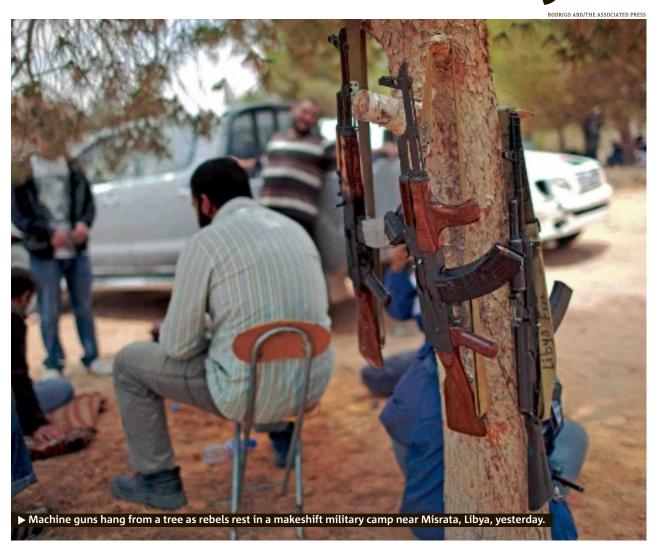
- The UN-backed mission began as an effort to protect civilians but has since morphed into a ferocious assault on targets in Tripoli in a bid to drive Moammar Gadhafi from power.
- The Canadian military won't say whether Canadian pilots are part of that stepped-up air offensive.

their leader, Moammar Gadhafi.

Layton called yesterday for a full debate with Canada's participation about to enter its third month.

Meanwhile, U.S. President Barack Obama and British Prime Minister David Cameron both pledged to keep pummelling Gadhafi's forces until he is driven from power.

Obama said it will be a "slow, steady process" to beat him. Cameron said "patience and persistence" will both be needed. THE ASSOCIATED PRESS



Hands off the Internet, nations warned

Internet activists warned yesterday that if global leaders attempt to limit access to the web, their restrictions will be bypassed and they will become irrelevant.

The stark message adds to growing resistance — from big-name companies like Google and Twitter to anonymous Internet vigilantes who have attacked government censorship networks — against creeping laws that might

restrict services many users now take for granted.

The leaders of the Group of Eight most powerful countries were to begin meeting in France today to discuss issues of global concern in the wake of Arab uprisings that have been described as the first Internetenabled revolutions.

"G8 governments should say very clearly for once that Internet access



is a fundamental human right," said Jean-Francois Julliard, who heads Reporters Without Borders.

Julliard said more than 60 countries now have some form of Internet censorship in place, and that number is growing.

Activist Nadine Wahab said the lesson from the uprisings in Egypt and Tunisia should be: "Leave the Internet alone."

THE ASSOCIATED PRESS

Facebook's role

- Modest: Facebook founder Mark Zuckerberg plays down the importance of the social networking website in the uprisings that toppled presidents in Egypt and Tunisia.
- No monopoly: He says the wave of protests sweeping the Arab world could have been organized by using other websites.

A real smart choice?

Younger users are driving the growing adoption of smartphones and mobile technology in Canada, suggests a new report.

It's estimated there are now more than 25-million mobile users in Canada and the younger users are ditching their older cellphones for BlackBerrys, iPhones and Google Android phones.

About 2,000 mobile users were surveyed.

THE CANADIAN PRESS

Soldier jailed

A U.S. soldier with mentalhealth problems has been sentenced to 12 years in military prison after pleading guilty to killing a suspected Taliban prisoner in his jail cell. THE ASSOCIATED PRESS



Amazon activist killed

An activist fighting to protect the Amazon rainforest from loggers was shot and killed with his wife, Brazilian officials said.

The killings of Jose Claudio Ribeiro da Silva and his wife occurred just hours

before legislators passed a bill environmentalists warned will increase deforestation in the region.

About 1,150 people have been killed in disputes over preserving land.

THE ASSOCIATED PRESS

News in brief



Rae named Grit interim leader

OTTAWA. Bob Rae has been chosen as interim leader of the devastated federal Liberal party.

The Toronto MP and former Ontario NDP leader will fill the role until a permanent successor to Michael Ignatieff is elected.
THE CANADIAN PRESS

Covote cull

HALIFAX. More than 2,600 coyotes were killed dur-

ing the first year of Nova Scotia's \$20-per-pelt bounty hunt on the animals, about 900 more than the year before.

The animals have been showing up in more populated areas in recent years. THE CANADIAN PRESS

Layton admits he can't save per-vote party subsidies

OTTAWA. Opposition Leader Jack Layton says a Conservative government plan to phase out \$2-per-vote subsidies is wrong, but it's something political parties will have to live with. The Tories are intent to start erasing the



subsidies with next month's budget, to

delivered June 6. THE CANADIAN PRESS

AG out with a bang

• Retiring auditor general Sheila Fraser delivers warnings Interim AG will be named next week

Auditor general Sheila Fraser delivered a farewell address yesterday in typical blunt-spoken fashion — warning government to start counting the costs of climate change and addressing the "quite tragic" living conditions of First Nations peoples.

Fraser's eventful, politically charged 10-year term as auditor general ends on

While the bespectacled, matronly 60-year-old said she believes retired auditors general should "sort of fade away," she made sure to leave with a bang.

In a luncheon speech to hundreds of Ottawa power brokers and bureaucrats, Fraser said Canada has to start measuring the massive, long-term financial hurdles of the future.



"With our aging population, the far-reaching impact of climate change and the need to replace much of our infrastructure, Canadians need to better

Watchdog

- Auditor general Sheila Fraser is legendary for blowing the lid off the sponsorship scandal under the Chretien Liberals, famously stating in 2002 that civil servants "broke just about every rule in the book."
- She was the third "most trusted Canadian" in a Readers Digest poll published this month (behind David Suzuki and building contractor Mike Holmes).

understand the challenges ahead and how the public purse will be managed," she said.

Many other countries and several provinces, she said, provide long-term financial projections looking up to 75 years into the

future.
THE CANADIAN PRESS

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Europeans say China is unfair

- 20% of firms look to suspend or reduce investments
- Wind power companies scrapping plans to invest

A growing number of European companies in China believe they are being treated unfairly by the government and expect discrimination to increase, a business group said.

The European Chamber of Commerce in China's report adds to mounting complaints that Beijing is violating its free-trade pledges as it tries to build up technology industries and global competitors.

The chamber said 43 per cent of 598 European companies surveyed see Beijing discriminating against foreign businesses, up from 33 per cent in a similar survey last year. It said 46 per cent

WTO pledges

Despite three decades of reform, China's heavily regulated economy is dominated by state-owned companies.

Beijing is trying to build up "national champions" in industries from banking to oil to shipping, prompting complaints it is violating the spirit of pledges it made when it joined the World Trade Organization.

expect the problem to get worse over the next two years, up from 36 per cent last year. Beijing has pledged to treat foreign and domestic companies equally but Chinese producers in computers, clean energy and other fields receive subsidies and preferential treatment in government purchasing.

Despite complaints, many European companies see China as a key part of their global plans, the chamber said. It said 59 per cent of those surveyed plan to make a major investment in China in the next two years, up from 48 per cent in last year's survey.

"There is optimism about growth," chamber president Davide Cucino said. THE ASSOCIATED PRESS



MASSIMO PINCA/THE ASSOCIATED PRES

Chrysler IPO coming, CEO says

Fiat and Chrysler CEO Sergio Marchionne says market conditions will determine the timing of an initial public offering for Chrysler. The company repayed \$7.6 billion in U.S. and Canadian government loans that kept Chrysler afloat. Fiat recently raised its stake in Chrysler to 46 per cent.

Farmers make hay as costs dip: StatsCan

Statistics Canada says farm profits soared last year as declining operating costs outpaced a slight decrease in receipts.

The agency says net farm income amounted to \$4.5 billion in 2010, up \$1.4 billion (46.1 per cent) from 2009. Net income increased in every province except Alberta and New Brunswick, where declining receipts exceeded falling expenses.

Lower fertilizer, feed and pesticides expenses more than offset higher labour and machinery fuel costs. THE CANADIAN PRESS

16.6%
The increase in farm

The increase in farm profits by 46.1 per cent followed a 16.6 per cent drop in 2009.





Hacking victims blasé with Sony

○ Little fallout expected among people **○** Complaints centre on entertainment giant's communication

David Campbell found out yesterday morning he was one of 2,000 Sony Ericsson customers from Canada whose personal data had been stolen and posted online for anyone to see.

He's been through a case of online fraud before and is resigned to the fact that information stored on the web is at risk. So he wasn't overly concerned to learn that his name and email were being shared

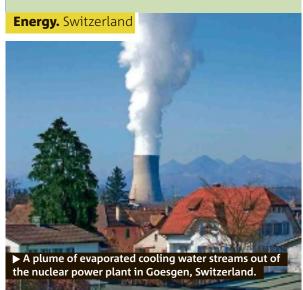
by hackers. But he doesn't appreciate that Sony didn't alert him to the latest security breach to hit the entertainment giant.

"I guess (the data breach) is disappointing but in this modern day you'd probably be a little foolish to think that anything's safe," said Campbell, who works with the Stratford Shakespeare Festival.

Sony has been hit with a number of hacker attacks

in recent weeks, the most notable coming last month and affecting more than 100-million accounts of PlayStation Network and Qriocity users. Names, birth dates, email addresses and log-ins were compromised. The company said in a statement issued yesterday that hackers on Sony Ericsson's Canadian site only accessed email addresses and encrypted passwords.

THE CANADIAN PRESS



MARTIN RUETSCHI/THE ASSOCIATED PRES

Swiss mull nuclear plan

The Swiss cabinet yesterday called for the decommissioning of the country's five nuclear power reactors and new energy sources to replace them.

BARGAINING TABLE

Post office won't shut this week

Canada Post said yesterday there is enough time to negotiate a "fair and reasonable" settlement with postal workers since there's no potential for a strike this week.

Both sides were back at the table yesterday to continue negotiations aimed avoiding a labour disruption.

"With no potential for a strike this week, there is plenty of time to negotiate a fair and reasonable deal," Canada Post said in a statement. Under labour laws, each side has to give 72 hours' notice before beginning a strike or lockout.

Canada Post rejected its union's latest contract proposal Tuesday, saying the offer would increase labour costs by \$1.4 billion but then made a counterproposal.

"Even with a continued decline in mail volumes and a \$3-billion pension solvency deficit, Canada Post has tabled a competitive counter-offer to CUPW that gives employees better wages and protects their pensions and job security," the Crown corporation said yesterday.

THE CANADIAN PRESS



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Molson dynasty rules beer giant again

A seventh generation of the Molson family is taking the helm of Molson Coors as the brewer seeks to extend its global reach into emerging countries.

Andrew Molson, 43, becomes chairperson today, replacing Peter Coors as part of the biennial shift between the beer company's founding families.

The change comes as Molson celebrates its 225th anniversary of its entry into the Canadian beer industry.

Molson told shareholders yesterday the company plans to grow international sales of its existing Coors Light, Carling and Molson Canadian brands and pursue acquisitions.

Its international division grew beer volume by 27 per cent in 2010.

THE CANADIAN PRESS



Abrupt exit for Tim Hortons CEO



Tim Hortons is hiring — Canada's No. 1 coffee chain is looking for a new leader after the abrupt departure of its CEO. The company announced yesterday that Don Schroeder, 65, no longer serves as president and CEO after three years at the helm and two decades as an employee.

Tim Hortons' board said it believes a change at the top at this time is best for the company. In the meantime, executive chairman Paul House, who has previously held the position of president and CEO, will take on the role on an interim basis.

The board said it was already engaged in comprehensive succession planning for the CEO position as part of its strategic planning.

Tim Hortons did not say why Schroeder was leaving so suddenly, but Brian Yarbrough, a retail analyst at Edward Jones in St. Louis, believes the fact that it could not reach a "transitional arrangement" is key.

THE CANADIAN PRESS

Metro now on Android for readers

Metro has become the first Canadian newspaper to launch a free downloadable Android application to offer access to Metro content on the go. The app detects which of Metro's eight Canadian cities you are in.

If you have an Android smart phone and have been itching for a news application, then your wait is

METRO

Blockbuster brand plays starring role

Despite hard times, Blockbuster Canada's brand power could make it an attractive acquisition target, even as it closes stores while Canadians increasingly turn to new technology to watch movies.

But industry experts say stores would need to sell a wider variety of merchandise if they want to survive long term. Dish Network bought the U.S. locations.

THE CANADIAN PRESS

CAN'T WE ALL JUST GET ALONG?

HE SAYS ...

JOHN MAZEROLLE METRO



I have a stunning secret to reveal about cars and bicycles: They're controlled by people.

Weird, huh? It sounds Soylent Green, but it's true. If you look closely and aren't blinded by anger, you might even see a "cyclist" or "driver" yourself.

This little-known nugget must be revealed because I have bought a bicycle. I haven't ridden it yet because the shop is adding all the doodads needed in the modern urban cycling environment -

pre-made legal forms, James Bond-style nail strip, basket with a flower on the front — but soon I'll be a cyclist.

In other words, I'm about to get a new perspective on the long-running feud that is Cars vs. Bikes. (Note the dehumanifying.)

What has always amazed me about this conflict is that the vast majority of people have both biked and driven cars. Everybody is on both sides. Yet to hear the

"My theory is that each group has an Idiot **Quotient that** ends up dominating the discussion; we literally remember the hits and forget the misses."

'discussion" you would assume it was two different species that only ever contact each other on North America's roadways.

Why? My theory is that each group has an Idiot Quotient that ends up dominating the discussion; we literally remember the hits and forget the misses.

The worst cyclists, for instance, seem to compensate for their small carbon footprint by taking up as much roadway as possible. They also have a sort of persecution complex, where they see every open car door as an attempt to

injure. And while I have some tolerance for bikes on sidewalks, it's unacceptable to barrel down a sidewalk like Fred Flintstone stuck in his runaway Stoneway piano yelling, "Make way!"

The worst drivers, meanwhile, start complaining about The War on the Car if anything slows them down, including inertia. Never mind that they can get home faster than any human in history. If a Star Trek transporter beam existed and a three-minute delay could save the Alpha Quadrant, people would rant about The War on the Beam and how it's their right to use the fastest, space-time continuum-tearingest transporter available.

So I get it: Some of the anger on both sides is justified. But as someone with both a driver's licence and a bicycle, I say it's time for a new era.

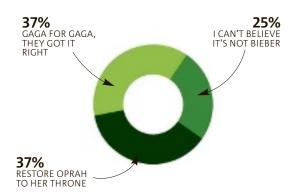
After all, are we not human? If you scratch our vehicles, do we not curse and try to remove it with our thumb? If you wrong us, shall we not give you the finger and say, "Can you believe that guy?"

We must put aside our differences, stop stereotyping each other and remember our shared, common goal: Hatred of pedestrians. Those people are idiots, am I right?



Register at metrolifepanel.ca and take the quick poll

What do you think of Lady Gaga dethroning Oprah Winfrey as the most powerful celebrity in the world, according to Forbes?



Local tweets



@small dogmb: We need foster parents!

http://smalldogrescue.ca/bl og/26 Message us if you want to help! #winnipeg #manitoba

- **@therobretort:** I don't think this #nhl drama in #winnipeg will be solved until after the cup is handed out. I may be wrong but that's my quess!
- @Pamcore: I got to safeway and there was a stack of watermelons where my starbucks used to be #sketchy
- @Schaubroeck: What is

- this Bettman in Winnipeg thing — our very own version of Where's Waldo? Chillax, folks. He'll be here soon.
- @TwoTigerz: I'm confounded by teenagers randomly adding me as a friend on all the various social networks. The future is creepy.
- @wilalambre: @lathercreations Winnipeg weather is the ninja of meteorological phenomena.
- @adamKX96: @jonnystaub this year I cheer for the Canucks, next year I will have to cheer against them when they play Winnipeg. #GoCanucks

Worth mentioning

LONDON. Canada has cracked the top 10 in a global security assessment that ranks countries based on how peaceful they are.

The Global Peace Index ranked Canada eighth out of 153 countries, a six-spot jump over last year.

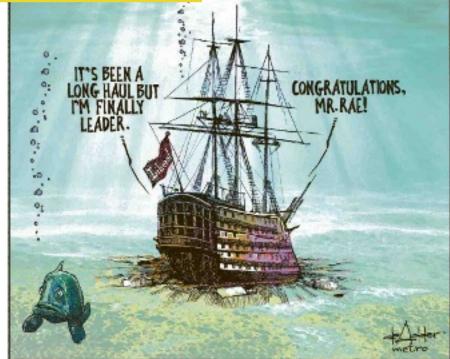
The index, produced by the Institute for Economics and Peace (IEP), suggests North America overall has improved slightly thanks in part to Canada's rise in the rankings. The United States was 82nd, compared to 85th last year. The index says if the U.S. reduced its violent crime rates to that of Canada's, the U.S. economy and its state governments could save billions of dollars on correctional services, health care and lost tax revenue.

Iceland regained the top spot after slipping in last year's index following violent demonstrations related to the collapse of its financial system, while Libya tumbled 83 spots to 143 in the largest drop in the index's history.

Overall, the index found the world is less peaceful for the third straight year.

THE CANADIAN PRESS

Cartoon by Michael de Adder



Margaritaville has moved to a **Mexican prison**

Some prisoners learn woodworking or licence-plate making. But bartend-

A prison workshop in northern Mexico where inmates were supposed to be learning trades was found to contain a bar behind bars complete with beer, vodka, tequila and billiard tables.

Federal police and local authorities discovered the bar Monday at a mini-

mum-security prison in the northern state of Chihuahua, the state attorney general's office said in a statement.

Seized from the site were 20 bottles of vodka, 12 bottles of tequila, and 200 beer cans. Police also found three guns, 20 cellphones, 180 individual doses of marijuana and 90 doses of heroin.

The prison's deputy director was fired yesterday and prison guards are under investigation, said Jorge Chaires, a spokesman for the state's prosecutor for prisons.

Also yesterday, guards conducting a routine check at a prison in the northern state of Tamaulipas discovered 17 inmates missing, the state's Public Safety Department said in a statement. THE ASSOCIATED PRESS

•••••• Read more of John Mazerolle's columns at metronews.ca/hesays



metronews.ca og

Sloan celebrates 20 years with new album

◆ The Double Cross is the Canadian rock band's 10th studio album ◆ See them live May 28 at Pyramid Cabaret

BACKSTAGE PASS

JARED STORY
METRO WINNIPEG



If it feels good, keep doing it. Sloan celebrates a double decade with

The Double Cross, the Canadian rock band's 10th studio album in its 20-year tenure.

What's more, the original line-up of Chris Murphy, Patrick Pentland, Jay Ferguson and Andrew Scott is still intact, perhaps due to its policy of shared songwriting.

"I think that definitely makes us a unique entity," says Scott, 43. "There are not a lot of bands that I know of where everybody contributes and switches instruments live and in the recording studio. It

Hayes Carll

- On Another Like You,
 Texas troubadour Hayes
 Carll details how Democrats and Republicans can
 get along with the help of
 a little alcohol and a whole
 lotta sex appeal.
- With playful and pointed songs, Carll's new album KMAG YOYO (And Other American Stories) has earned him comparisons to Townes Van Zandt, Bob Dylan and John Prine.
- See the country music legend in the making May 29 at the West End Cultural Centre. Tickets are \$22.75 at Ticketmaster and show time is 8 p.m.

equals the level of the playing field so to speak."

With its democratic songwriting system, the Halifax-formed, Torontobased band has churned out such Canadian radio



hits as Underwhelmed, The Good in Everyone and Money City Maniacs.

Still, no system is perfect and Sloan has had its fair share of downs, including a short hiatus after the release of its second album, 1994's Twice Removed.

"It was more of a break than a breakup," says Scott. "It's a relationship, it's a family, it's a marriage and there's always going to be peaks and valleys, but if you care about it you try and repair the damage and move forward."

Speaking of moving forward, can Sloan go for 20 more? A certain death-defying rocker thinks so.

"Keith Richards put his arms around Chris Murphy when we played with The Rolling Stones (in 2006) and just said 'Keep doing it man, just keep doing it,'" says Scott in his best Keef. "What are you supposed to do with advice like that?"

Sloan plays live on May 28 at the Pyramid Cabaret. Tickets are \$28.35 at Ticketworkshop, Kustom Kulture, Soul Survivors Body Art and Into the Music. Doors open at 9 p.m.

scene

Wedding bells



Another hoops star will join the Kardashian clan. People magazine reported yesterday that reality star Kim Kardashian is engaged to her boyfriend of six months, New Jersey Nets forward Kris Humphries.

Sister Khloe Kardashian and Los Angeles Laker Lamar Odom were married in 2009.

Humphries, 26, gave Kardashian, 30, a 20.5-carat Lorraine Schwartz diamond ring.

The family stars in the E! reality show Keeping Up With the Kardashians, and spinoffs including Khloe and Lamar.

THE ASSOCIATED PRESS

No more reality TV: Kirstie Alley

Has plans to take on a movie roleConsidering TV series, Broadway

After coming in second on Dancing With the Stars, Kirstie Alley says she's done with reality TV.

The 60-year-old actress said Tuesday that her time on Dancing has motivated her to return to acting with new focus and determination.

She said learning to dance on the hit show "reinspired me with all the things that I've had great success with already and sort of got complacent about"

Alley plans to take on a movie role next month. She's also looking for a new TV series and is considering Broadway.

She confessed she was sad that she and partner Maksim Chmerkovskiy didn't win Dancing. Characterizing herself as "not the average cupcake," she said her partner deserved kudos for making the oldest and heaviest contestant this season into a championship dancer.

THE ASSOCIATED PRESS





Oprah says her goodbyes

Oprah Winfrey walked on stage for her talk show finale yesterday to a standing ovation from her studio audience before thanking her viewers for watching for a quarter of a century.

"Twenty-five years and I'm still saying 'Thank you America," Winfrey said. "Thank you so much. There are no words to match this moment."

Winfrey told them that sometimes she was a teacher, but more often her viewers taught her. She called the episode her "last class"

The show's first moment was a clip of Winfrey's first show. She taped the last episode of The

Comic Mischief

Oprah Winfrey Show on Tuesday in Chicago.

Winfrey was the only person on stage with little background music and very short flashback clips.

"When she came out, her appearance, the way she stepped on stage and the message she brought about finding yourself, your purpose," said audience member Wanda Nash, 47, of Chicago, an executive assistant and foster parent. "It was all about Oprah."

Winfrey kissed and hugged her longtime partner, Stedman Graham, and made her way through the halls of Harpo Studios, saying goodbye to her staff, audience members said.

Winfrey announced in November 2009 that she would end her popular talk show after 25 years.

Tuesday's taping came a week after Hollywood's Alist and 13,000 fans bid Winfrey farewell during a double-episode extravaganza at Chicago's United Center. They were just a few of the approximately 30,000 guests on the show over 25 years.

The bare-bones final taping had its share of celebrities in the audience including Tyler Perry, Maria Shriver, Suze Orman and Cicely Tyson, but none of them joined Winfrey on stage. THE ASSOCIATED PRESS

Prices and products available until May 26, 2011, while supplies last, in Canada only. See retailer for details. © 2008 Nintendo. Mario Kart and Wii are trademarks of Nintendo. © 2011 Nintendo



Comedians react

Many comedians turned to social media to contemplate a post-Oprah world. Among the notable comments made on Twitter were these:

- "Apparently Oprah is responsible for life on our planet as we know it." -Kevin Nealon.
- "I miss both Oprah and Osama. Is there a way to pair them up for something?" - Michael Ian Black.
- "Oprah Winfrey is so powerful that she had the Rapture postponed until after her final show airs." Joan Rivers.
- "It seems so unfair! Without Oprah, how are publishers going to continue their crossfingers/hope-to-win-the-lo ttery business plan?" -John Hodgman.
- "Jesus will probably be the surprise guest. She got him started." - Paula Poundstone.
 THE ASSOCIATED PRESS



Gaga builds hype for new album

The release of a pop star's album usually comes with the typical cross-marketing splash — strategic maga-zine covers, a few major TV appearances, and perhaps a cosmetics or fashion deal to remind the public a new project awaits.

Yet the social mediapowered blitz connected to this week's drop of Lady Gaga's third album, Born This Way, is bordering on epic, with partnerships ranging from Starbucks to FarmVille, and virtual giveaways of the album's 17 tracks. It also represents the kind of bold, new business model that could help rejuvenate a deflated music industry.

Gaga already had a slew of magazine covers, from Rolling Stone to Vogue, and appeared on every high profile show, from Oprah Winfrey to American Idol to Saturday Night Live, as well as her own HBO concert special.

But she hasn't stopped there. Starbucks — typically home to easy-on-the-ears artists like Emmylou Harris — is selling her album as well as launching a "digital scavenger hunt" for goods; Gaga-inspired Google Chrome debuted a commercial with Gaga with a track from the album: the online fashion outlet Gilt Groupe partnered with Gaga to offer Gaga-inspired clothing and VIP performances; Best Buy is giving away the album to anyone who purchases a mobile phone with a contract; and Zynga, creator of the popular online game FarmVille, created GagaVille, which allowed fans access to exclusive Gaga songs.

if that wasn't enough, on Monday, Amazon.com sold Born This Way for just 99 cents as a promotion for their new music cloud service, creating a demand so strong it disrupted the online retailing giant's servers for a short time.

And it looks like the campaigns are paying off: Gaga's album is estimated to sell anywhere between a half-million to a million



Editor Gaga

Metro. On Tuesday, May 17, Lady Gaga served as global guest editor-inchief for Metro papers across the world, including the nine Metro's in Canada. If you missed that edition, go to metronews.ca to catch up.

copies when the top album charts are revealed next week

"It was really about expanding the distribution on this album and going into as many non-traditional retail partnerships and non-traditional marketing partnerships as possible,' Gaga's manager, Troy Carter, told The Associated Press on Tuesday. "Just with the diminishing music labels, you want to find quality partners where you know you can reach new audiences and being able to push boundaries as well."

Among the promotions connected with Born This Way is the Disney Mobile Tapulous game Tap Tap Revenge, which gives fans access to the entire album and other content if they buy the game, Born This Way Revenge, for \$4.99. It's the first time Tapulous has put out 17 tracks with a game for that price.

Tim O'Brien, vice-president of business development at Disney Mobile, said this was the third deal with Gaga, resulting in the total sale of five million songs so far.

THE ASSOCIATED PRESS





The Hangover: Part II Genre: Comedy **Director:** Todd Phillips

Stars: Bradley Cooper, Zach Galifianakis, Ed Helms

Todd Philips' blockbuster The Hangover most definitely captured lightning in a bottle. But the clever premise also shows that unfortunately lightning rarely strikes twice. It's not that The Hangover: Part II isn't without its funny moments. But because Philips closely copies the structure of the 2009 hit, the gags are less surprising.

STEVE GOW

See it twice *** See it now @@@@ Worth watching ** Yawn @@|Don't bother @



Kung Fu Panda 2

Genre: Animation Director: Jennifer Yuh Nel-

Stars: Jack Black, Angelina Jolie, Gary Oldman ₩₩₩

Dreamworks Animation has stumbled onto a magic formula that's now produced a sequel on par with the original. Kung Fu Panda 2 returns to Jack Black's big bellied panda who must now use the skills he acquired in the first film to take on a devious peacock (Gary Oldman) who plans to take over China and destroy kung fu. OPHIL BROWN

MOVIE START TIMES FOR THURS., MAY. 26. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

11

Famous Players Kildonan Place 1555 Regent Ave W, 204-

663-2166 The Hangover Part II (18A) No Passes Thu 6:10-8:50

Kung Fu Panda 2 (PG) No Passes Thu

Grant Park 8 Cinemas 1120 Grant Ave., 204-453-4084

The Hangover Part II (18A) No Passes, Thu 3:50-4:20-7:10-7:30-10:10-10:20 **Kung Fu Panda 2 3D** (PG) No Passes Thu

Landmark Towne Cinema 8 301 Notre Dame Avenue, 204-947-2848

The Hangover Part II (18A) Thu 7-9:20 Kung Fu Panda 2 (PG) Thu 7-9:15

SilverCity Polo Park 815 St. James Street, 204-774-1001

The Hangover Part II (18A) No Passes Thu 12:30-1-1:30-3:30-4-4:30-6:30-7-7:30-9:40-10:10-10:40

Kung Fu Panda 2 (PG) No Passes Thu

12:50-3:50-6:50-9:20 **Kung Fu Panda 2 3D** (PG) No Passes Thu 12:10-2:40-5:10-7:40-10:15

SilverCity St. Vital 110-1225 St Mary's Rd,

204-256-3901
The Hangover Part II (18A) No Passes
Thu 4-4:50-6:50-7:40-9:30-10:40
Kung Fu Panda 2 (PG) No Passes Thu 3:40-6:20-9
Kung Fu Panda 2 3D (PG) No Passes Thu



Putting the hammer down on kissing Leo

• J. Edgar star opens up about his new make out scene with co-star DiCaprio



For his latest film, J. Edgar, Social Network star Armie Hammer faced a new challenge: making out with Leonardo DiCaprio.

"It's the same kind of thing as if you walk onto a it's not something I'm going to do in my private life, but at the end of it I was, like, man, there is a lot of weird hype.'

One person who is definitely OK with Hammer

Talking points

Shriver hires private eve to look at some of the rumours

MORE CHILDREN? Maria Shriver will likely be filing for divorce by the end of the week. according to Entertainment Tonight.

And earlier this week, Radar Online re-

Celebrity tweets









guy who played Chew-bac-

today so we made

"this ba by just drop kicked me in the ribs.





"Saw @johnledestroy at

the Sony TV event tonight. His voice melted three women that were standing too close. So

husband, Rogelio Baena, who tells Entertainment Tonight he thought the child was his and only learned the truth a week ago. • METRO

Coppola getting ready to marry

KISS THE RING? Sofia Coppola is planning to marry her longtime boyfriend and the father of her children, French rocker Thomas Mars, according to Us

The happy couple will reportedly exchange vows at Palazzo Margheri-

> ta. Francis Ford Coppola's 19th century villa in southern Italy. Coppola and Mars have two

daughters: Romy, 4, and Cosima, 23 months. Coppola was previously married to director Spike Jonze, but they divorced in 2003.

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ports, the former Cali-

fornia first lady is said

to have hired a private

investigator to dig into

Schwarzenegger's past.

"The investigator

will likely look into the

claims that he fathered

multiple children, out-

side their marriage,'

"Maria has heard

she wants to find

another, if those

Another person

completely caught

claims are true.'

off guard by

news of

Arnold

Schwarz-

enegger's

love child

employee

Mildred

Baena is

with former

the rumors and

out one way or

a source says.

husband Arnold

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set and they hand you a machine gun and (say), 'Shoot this like you know what you're doing.' — You kind of have to go, 'OK, I know what I'm doing,' and you've just got to go for it," Hammer tells Just Jared.

"It wasn't weird — I have never kissed a guy —

and DiCaprio locking lips is Hammer's wife, Elizabeth Chambers.

"When I signed on to do the movie, she was thrilled that I just didn't have to another woman." Hammer says of her reac-

Going buck Wilde with Cooper

Just a month after being spotted out with Justin Timberlake, recently divorced Olivia Wilde is reportedly dating Bradley Cooper, according to Life &

Style.
"Olivia was Bradley's date," a source says of the two, who attended the Hangover Part II premiere party in New York togeth-

"He was always taking

her hand or putting his hand on her lower back, it was really sweet. He took care of her all night.'

Other attendees of the party concurred with that assessment.

"They were definitely together," adds another source.

"They seemed really comfortable with each oth-



ALEJANDRO INGELMO.

FASHION'S FUTURE SOLE STAR

• Alejandro Ingelmo is a fourth generation shoe maker who, for the second time, is up for a prestigious CFDA award • He likes sci-fi and hates kitten heels.

Studio

visit



It's warm and humid outside and his London showroom doesn't have air conditioning.

But somehow Alejandro Ingelmo manages to look cool, clean and crisp in his white button-down shirt and tie as he walks me through his collection.

His classic, slightly restrained, retro appearance is a bit deceptive, though. This is a man who makes shoes that ooze sex of the futuristic, rock and roll variety and appeal to megacelebrities like Beyoncé, Jay-Z, Madonna and Justin Timberlake.

Women who frequent the mecca that is his New York store have claimed that his tall stilettos elicit visceral reactions like shortness of breath and heart palpitations. Lucky for you, his e-commerce shop will launch in few a weeks.

Has the fact that vou come from such a long line of shoe cobblers helped your career at all?

Well I think I

time. I went to Parsons and went in a totally different direction from my family. I didn't get any help from them. My dad is proud of me, but he doesn't understand what I do at all [laughs].

Are there any common footwear faux pas that you see on the street that make you wince?

I hate those platform shoes with the see-saw on the bottom. What are they called? They're supposed to get rid of cellulite.

But what's the point of those things? They're so bad, and they're everywhere. And I know you girls like them, but Uggs are just Ugg-ly, OK?

For the record, I'm with you on the Uggs. Do you design according to what the trends

Not really, although I know that there are some people who probably wish

> Are there any trends that you feel especially excited or bummed out about now?

> > I really wasn't into the kitten heel at all. I'm

make the effort and commit yourself to the high heel or just wear flats.

out in Cuba.

Learn how to walk in heels or just wear flats, you know? The kitten heel is just not that sexy.

Do you think that shoes should make a woman look I like for my shoes to make a woman not only feel sexy, but confident and strong.

And it's the same with my men's shoes. When I wear the shoes, I want to feel sexy in them. I think we all want that.

huge sneaker pimps following. The Tron style is especially hot right now. Are you a big sci-fi fan?

Oh yeah. I had the Tron Atari game when I was young.

It's funny because when I opened my store in New York, I thought I'd have all women's and just a little section of men's shoes. But now it's half women's and half men's. It's fun designing for both.

What are some common mistakes that you see women make when they purchase and wear heels?

Well, a lot of them should practice first. Don't buy more height than you can handle. When a woman goes to the store, she should ask about the pitch of the shoe.

That's something that most women don't think to do. But that's what really determines how high the shoe is, it's not so much about the heel. It's all about what's happening inside the shoe. And make sure that the shoe can hold your foot in.

You don't want to be walking down the street with your toe slipping out. I think shoes are like clothes: you want to show just the right amount.

When a toe hangs out of the shoe, that's like the footwear equivalent of bad



Gay rights



In a human rights campaign video, the Vogue Editor-in-Chief states, "I'm Anna Wintour in support for marriage equality. As far as I'm concerned, having the right to say, 'I do' is as fundamental as the right to vote."

RICHARD PECKETT



of Cambridge bring high style



► Miami-born, New York-based Alejandro Ingelmo

comes from a long line of shoe-makers who started

When style gets swapped

Can't find what you want in your closet? Derowse through your friend's

The beginning of a new year was to mark the end of closet clutter for Marci O'Connor.

The Quebec-based mother of two made a resolution to declutter. Having gone through a range of sizes due to weight fluctuations, O'Connor decided to finally get rid of all the garments that no longer fit and were taking up precious real estate in her closet.

But she didn't toss her unwanted items – she took them to her Facebook page.

O'Connor posted photos and descriptions of various items including dresses worn to weddings, unworn shoes as well as pants, shirts and sweaters, offering friends a chance to take their pick and encouraging others seeking to clear out their closet to follow suit.

The first item was a black leather bag from Rudsak. I think that lasted 20 minutes," she recalled in an Park, Que., east of Montreinterview from Otterburn

It wasn't long before word of the swap spread



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among other online users. "I created a Facebook page just so we could contain it and set up a couple of guidelines and rules and then it exploded," said O'Connor. "I had people

from many places throughout North America and even some Europeans who asked if they could join in."

As founder of Suzieswapper, O'Connor, 40, has established a dedicated space for women seeking to talk swap and exchange clothing for free. She estimates some 1,500 swaps have taken place since its launch last vear.

Clothing swaps have long appealed to budgetconscious fashionistas seeking stylish new finds for little to no money. But online sites devoted to such trades are helping widen the availability and inventory of preloved goods.

THE CANADIAN PRESS

The hot hair rescue squad

• We combed the beaches to find you the best hydrating hair treatments to protect you from a summer of sun



1 BURT'S BEES

Colour Keeper Green Tea & Fennel Seed Shampoo \$8. burtsbees.ca It's a win-win situation for you and the environment with this ecofriendly, sulfate-free shampoo.



2 AVEDA

Sun Care Hair and Body Cleanser, \$21, aveda.com This treatment has Morikue protein, which restores vitality to sun, sea and chlorine damaged hair.



3 KORRES

Red Vine Hair Sun Protection Spray \$17. korres.com Save the environment and protect your hair with this protection spray. The vitamin B5 actively hydrates dry hair and leaves a silky texture.



4 BUMBLE AND BUMBLE

Crème de Coco Shampoo \$22. bumbleand bumble.com Crème de Coco makes for an exotic shower experience thanks to both its rich coconut fragrance and its moisturizing qual-



5 DAVINES

Moisturizing Replenshing shampoo \$21. davines.com Davines' formula of fatty acids, avocado oil and almond effectively removes chlorine residue and revives weakened hair



6 FRÉDÉRIC FEKKAI

Marine Clean Detox Shampoo \$24, fekkai.com Fekkai's marine botanicals actively detox and replenish hair with a UV shield to prevent future



7 KÉRASTASE

Soleil Huile Céleste \$37. kerastase.com The macadamia-infused oil is designed specifically to protect against harmful UV

RICHARD PECKETT

metronews.ca
THURSDAY, MAY 26, 2011

5 deadly decorating trends

▶ Karl Lohnes reveals the five home decorating trends NOT to fall in love with in 2011

DESIGN CENTRE



HOME@ METRONEWS.CA

It's easy to get caught up in the new trends each year, and so far 2011 has brought forward a huge change in home decor. The 1970s and early 1980s are dominating the looks; from punchy patterns, shiny metallics to the heaven-help-us colours of painted appliances.

Trends usually come in three timelines: five-year trends like flooring, paint colours and furniture pieces; two-year trends like bedding, towels and lighting and then seasonal trends like candles, faux florals and tabletop accessories. In short, the more money you spend on something, the longer it should fit its trend life.

Here's a roundup of this year's biggest decor trends that you'd be best staying away from.



Grev power

All this trendy grey colour that we've been seeing is simply a way to ease our eyes away from the golden-taupe colours we were decorating with over the past 10 years. Unfortunately grey will only be around for about one to two years so use it sparingly. Want a bit of grey to update your space and feel trendy? I suggest using it in small amounts like painting a powder room or adding grey bed sheets. For paint, choose cooler/grey-based paint colours; shadowy, cool colours are what's important to achieve, not the actual colour of grey.



Antique brass

There's a popularity of getting away from the shiny chrome and nickel plated finishes and going toward and unpolished brass; certainly a dramatic change. Unpolished brass; like grey paint colours is being used as a catalyst to get us away from the silvery-tones metals. I suggest using old brass finishes only on old traditionally inspired pieces. A classic old-fashioned wall sconce or brass nailhead trim on the edge of a leather wingback chair will belong forever.



Large print wallpaper

Large floral prints, metallic and velvet flocking are all reminiscent of the 1970s. Anyone who just removed the original stuff hung 40 years ago sure as heck will never be hanging it again.

I suggest using this new trend in a very selective way; use it on one wall as a focal point like behind a bed.

For less of a commitment, frame the trendy stuff in large, inexpensive Ikea frames and hang in groupings. If wallpapering the walls, be sure to prime the walls properly so that when the time comes the paper can be easily removed.



Honeysuckle pink

That bright, rich pink is (by The Pantone Institute standards) the colour of 2011. It is an optimistic colour which is 'good for the times' they say. The only way I would use it is if Pantone could magically turn me into a teenage girl. Pink is one of the most difficult colours to accept in decorating although if used properly, it becomes unnoticeable. How to use: Have it as a third colour in the room, not first or second. Some great colour combinations to incorporate pink: grey/teal/pink or brown/beige/pink.



1970s-inspired furnishings

Chrome tubular, caramel leather, owl-motifs, useless ceramic and pottery figurines are iconic of the 1970s and will most likely be admired by some born after 1970.

How to use: Selectively, one '70s classic piece can absorb itself into the room without being overly noticeable and add some charm.

48 hours to the perfect patio

Create an outdoor oasis > Your patio can be festive and fashionable with just a weekend's worth of work

DIY IDEAS

Ah! The warmer temperatures are bringing us back outdoors.

But before you can truly enjoy the fresh air — there are many needed updates to your patio areas to help recover from the harsh effects of old man winter.

Luckily, with a few spruce-up projects in only a weekend, you can achieve a patio revival that's simple, yet sensational.

Wash away winter

No matter what type of

patio, pressure washing is a simple way to make it shine.

It offers instant gratification as layers of dirt, dust and grime are quickly blasted away. Don't have a pressure washer? Don't worry, most rental companies or home improvement centres offer reasonably priced daily rentals. Or it's an opportunity to visit the neighbours who you haven't seen during the cold months to borrow theirs.

Bring new life to old furniture

Once your patio is clean, bring out the seating.

But have your table and chairs seen better days?

Fortunately, you can easily turn something ready for the trash into a new treasure by updating it with a coat of spray paint.

To start, lightly sand and clean the entire surface. Next, spray the entire piece of furniture with a new, updated paint colour.

Petals and pots with pizzazz

Finally, liven up your patio with beautiful flowers. But just as important as the pretty petals, is planting them in the perfect pot. Terra cotta pots are ideal since they come in a variety of sizes and are inexpensive. For added pizzazz, you can update



these planters with a splash of colour.

To start, turn each pot upside down on newspa-

per and spray the pot with your favourite shade of spray paint. Once dry, you may choose to spray your vibrant pot with a clear or glitter spray to achieve the dazzling finish you desire NEWS CANADA

Make it a Tex-Mex night

◆ These Fajitas offer a healthy twist on an old fave by using beef & asparagus ◆ Serve on whole-wheat tortillas

Set out bowls of Boston lettuce leaves, chopped tomato, shredded cheddar or Monterey Jack with jalapeno cheese and sour cream and let the Tex-Mex fun begin!

Preparation:

- 1 In a bowl, stir together chili powder, cumin, salt and pepper; rub into both sides of steak.
- In a bowl, combine asparagus, mushrooms, garlic, peppers, onion, oil and oregano. Then stack tortillas and double wrap in foil.
- Place steak on greased grill and vegetables in grilling basket over

Ingredients:

- 7 ml (1 1/2 tsp) each chili powder and ground cumin
- 1 ml (1/4 tsp) each salt and pepper
- 500 g (1 lb) beef grilling steak (strip loin or sirloin)
- 500 g (1 lb) asparagus, trimmed; cut into quarters
 - medium-high heat. Close lid and grill steak until medium-rare, about 8 minutes, turning once. Transfer steak to cutting board; tent with foil. Let stand for 5 minutes. Grill veggies, tossing occasionally, until tender-crisp, 8 to 10 minutes. Meanwhile,

place tortillas on grill

- 625 ml (2 1/2 cups) sliced white mushrooms
- 4 cloves garlic, minced
- 2 sweet peppers, seeded and sliced into strips
- 1 onion, halved and thinly sliced lengthwise
- 20 ml (4 tsp) vegetable oil
- 2 ml (1/2 tsp) dry oregano
- 6 whole-wheat tortillas
- 50 ml (1/4 cup) cilantro

and warm through, about 3 minutes.

To serve, slice steak across grain. In bowl, combine steak, vegetables and cilantro.. Serve with warm tortillas and desired accompaniments.

THE CANADIAN PRESS/ FOOD-

LAND ONTARIO



The Enchilada Roll-Ups are made in the slow cooker, which frees you up to enjoy the warm spring weather



Now that gardening, cycling or other outdoor activities are in full swing, your slow cooker can be even more useful to sim-

mer dinner.

Preparation:

Cut each chicken breast lengthwise into 2 or 3

strips. Combine the chicken with 125 ml (1/2 cup) of the flour and salt in a resealable food bag. Shake well to coat the chicken.

Heat the butter in stoneware of slow cooker on your stove top. Brown the chicken strips, 3 to 4 minutes per side. Add the chicken broth, scrape up any browned bits. Transfer the chicken from the stoneware to the slow cooker base. Add the onion, jalapeno pepper and oregano. Cover and cookthe mixture on low for 7 to 8 hours.

In a bowl, blend 30 ml (2 tbsp) of the flour and milk or whipping cream (whichever you are using) until it is smooth.
Stir into the chicken mixture and cook,
uncovered, on high for
15 minutes, or until it is
thickened.

Spoon the mixture onto centre of the flour tortillas. Fold and garnish with grated cheese and black olives.

THE CANADIAN PRESS/ CROCK-POT

Ingredients:

- 750 g (1 1/2 lb) boneless, skinless chicken breasts
- 125 ml plus 30 ml (1/2 cup plus 2 tbsp) flour
 2 ml (1/2 tsp) salt
- 30 ml (2 tbsp) butter
- 250 ml (1 cup) chicken
- 1 small onion, diced
- 1 jalapeno pepper, diced
- 2 ml (1/2 tsp) dried oregano
- 30 ml (2 tbsp) milk or whipping cream
- Six 18- to 20-cm (7- to 8-inch) flour tortillas
- Grated cheddar cheese and sliced black olives, for garnish



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One more round for Canucks

○ Vancouver firing on all cylinders heading into Stanley Cup final

The excitement rippling through the Vancouver Canucks is tempered with the realization the biggest prize hasn't been won yet.

The Canucks, who have never hoisted a Stanley Cup, will be playing in the final for the first time in 17 years. They have the chance to become the first team since the 1993 Montreal Canadiens to bring the NHL championship home to Canada.

A bunch of grown men are living the dream. It's the fantasy of every kid that shoots a ball playing street hockey, or takes that first wobbling step on the ice wearing skates and carrying a stick.

"All the hard work through my life, now I have the chance to battle for the Stanley Cup," said forward Alex Burrows.

"We have to refocus, reenergize and get used to it."

Vancouver fans, who have endured 40 years of hope, frustration and disappointment, heaped loads of expectations on the best Canucks team in franchise history.

"I'm extremely proud of my players, the organization," said coach Alain Vigneault. "Real happy for the fans.

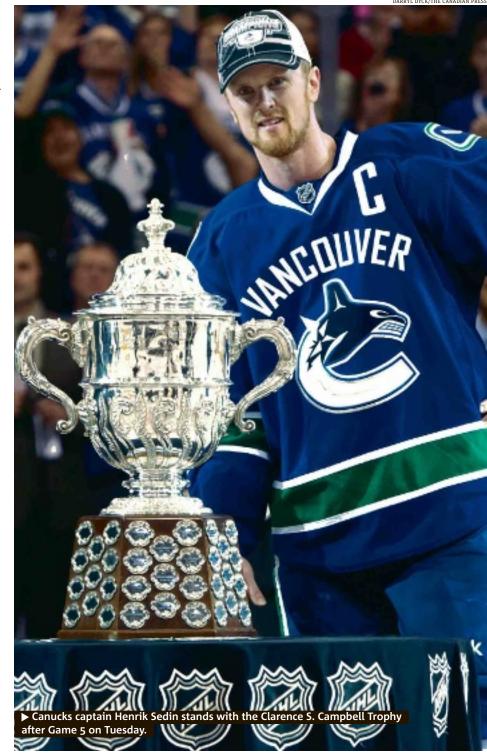
"This has been a long time coming. Like we said at the start of the season, we were in this not to win one round (of the playoffs), two rounds, three rounds, but to get into this to win the Stanley Cup. Now we're going to get the opportunity to compete for it."

The Canucks used defenceman Kevin Bieksa's goal in double overtime Tuesday night to defeat the San Jose Sharks 3-2. Vancouver won the best-of-seven NHL Western Conference final 4-1.

"When it went in, I just yelled out 'Let's go to the Cup," said Bieksa. "It's a good feeling."

The winning goal came on a strange play after a puck hit a stanchion along the side boards. Everyone seemed to lose sight of it except Bieksa at the blue-line, who slapped it in.

THE CANADIAN PRESS



Crowd concerns



The last time the Canucks made it to the Stanley Cup final, it ended in riots in the streets of Vancouver.

- Police Chief Jim Chu is hoping the atmosphere seen during the Olympics wins out in the final.
- "If you were a hooligan during the Olympics, the crowd policed itself," Chu

Bolts send series to 7



Teddy Purcell and Martin St. Louis each scored twice as the Tampa Bay Lightning forced Game 7 in the Eastern Conference final with a 5-4 win over the Boston Bruins last night.

Steven Stamkos also scored for the Lightning. David Krecji had three goals for the Bruins, while Milan Lucic had the other goal.

Dwayne Roloson made 16 saves for the Lightning, while Tim Thomas stopped 21 shots for the Bruins.

Game 7 is tomorrow in Boston.

THE ASSOCIATED PRESS

Sports in brief

Rose pleads guilty to DUI

NBA. Former Toronto Raptor Jalen Rose pleaded guilty yesterday to drunk driving, admitting to a judge that he got behind the wheel after drinking six martinis and wound up crashing his SUV.

Rose faces up to 93 days in jail and a \$500 US fine.

He was arrested March 11 after his Cadillac Escalade crashed northwest of Detroit.

Isles re-sign young winger

NHL. Kyle Okposo agreed to a five-year, \$14-million US deal yesterday to stay with the New York Islanders. The 23-year-old had five goals and 15 assists last season after missing 44 games with injury. THE ASSOCIATED PRESS



Quoted



"You could ask
27 teams and I
think they're a
little jealous at
the success
we've had ...
To get here is an
accomplishment,
but next year
we've got to beat
it."

SAN JOSE CAPTAIN JOE
THORNTON ON BEING
ELIMINATED BY THE
VANCOUVER CANUCKS IN THE
WESTERN CONFERENCE
FINALS TUESDAY NIGHT.
THORNTON LED THE SHARKS
IN PLAYOFF POINTS AND
GUTTED THROUGH GAME 5
WITH A SEPARATED
SHOULDER.



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Big 3 turn up Heat on Bulls

Miami defence has zoned in on Chicago offence, including MVP Rose

LeBron James is doing it all for Miami, hitting big shots and clamping down on MVP Derrick Rose.

The Heat lead the Chicago Bulls 3-1 in the Eastern Conference finals and a win tonight in Chicago means they'll be playing for a championship.

That's exactly the way James, Dwyane Wade and Chris Bosh envisioned it when they decided to join forces in the off-season. Miami is on the verge of the finals after a 101-93 overtime win on Tuesday.

James led the way with 35 points and helped contain Rose down the stretch. Bosh chipped in with 22, Wade came up with three big blocks in overtime and the bench delivered.

Now, they'll try to close this one out.

"We understand it's going to be a tough game," Wade said. "But we have the team and we have the guys that are capable of showing up and putting on a performance that we need to win the game. It's not going to be pretty, but that's not Miami Heat basketball anyway."

The Bulls' first threegame skid of the season could not have come at a worse time.

"When you look at the score, 3-1, it looks bad,"

4

The Bulls dropped consecutive games only four times during the regular season and never lost more than two in a row.

Chicago's Luol Deng said.

But he was quick to point out the games have been close. That's one reason he insisted the Bulls are not out of it.

"I really believe we've got a group of guys that are going to keep on fighting," Deng said. "There's no quit in us. There's no quit in that locker-room. It's really going to come down to the end of the game again."

The Bulls surprised many this season by jumping to a league-leading 62 wins, with Rose becoming the youngest ever MVP.

Along the way, they swept three close games from the Heat during the regular season. They even left them in tears after beating them in March, when they were in a five-game losing streak and appeared to be unraveling.

Now it's Miami that has Chicago's players and coach of the year Tom Thibodeau rubbing their eyes.

THE ASSOCIATED PRESS



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COACHING HIRE

Lakers turn to LeBron's ex-coach

The Los Angeles Lakers reached a deal in principle with former Cleveland coach Mike Brown yesterday to succeed Phil Jackson, according to a person with knowledge of the discussions.

Brown will get a fouryear deal worth roughly \$18 million US, according to the person who spoke to The Associated Press on condition of anonymity because Brown hadn't yet been formally hired.

The Lakers released a statement later yesterday confirming the club hopes to make Brown the 22nd coach in franchise history.



"We've met with Mike and are very impressed with him," said the statement from the Lakers' public relations. "In addition, we have an outline for an agreement in place and hope to sign a contract within the next few days."

With a strong interview last weekend, Brown became the top candidate for the daunting challenge of succeeding the 11-time NBA champion Jackson with one of the NBA's iconic franchises. The Lakers' 16 NBA titles trail only

the Boston Celtics' 17 in league history.

Rather than promoting one of Jackson's assistant coaches, the Lakers are changing course after an abrupt end to their twoyear title reign.

Kobe Bryant endorsed Jackson assistant Brian Shaw for the job, but Jim Buss — the Lakers' executive vice-president of player personnel and the son of owner Jerry Buss — became intrigued by Brown after the interview.

A respected tactician with a strong pedigree, Brown has experience with big games and stars, even if he couldn't get Le-Bron James a title.

"Mike Brown is a great coach," James said in Miami. "I respect him. He definitely helped me become who I am today."

THE ASSOCIATED PRESS

Coaches jump into NFL labour court battle

NFL coaches are teaming up with the players in their legal fight to end the owner-imposed lockout.

The NFL Coaches Association filed a brief with the 8th U.S. Circuit Court of Appeals yesterday expressing support for the players and saying that the lockout is putting their jobs in jeopardy.

"Owners and fans increasingly demand immediate success, and coaches whose teams cannot fulfil such severe expectations face likely dismissal, which means the uprooting of families, economic dislocation and a significantly less promising career path," lawyers for the NFLCA wrote.

No individual coaches were identified in the brief, which said that the eight new coaches hired this year face particularly daunting odds of success if the lockout is not lifted soon. The NFL grants new coaches two extra summer minicamps to get players familiar with the new staff, and the elimination of those camps puts them at a competitive disadvantage heading into the season.

"To meet management's expectations, coaches need adequate time in the off-season to prepare their players for the season ahead," the filing said. "Each day lost in preparing for the season further diminishes coaches' opportunities to prove themselves and advance their career."

NFL spokesman Greg Aiello said the league was not surprised by the filing.

"The Coaches Association offices with the Players Association in Washington," Aiello wrote in an email to The Associated Press. "So this comes as no surprise."

The 8th Circuit has set a June 3 hearing to hear arguments on whether the lockout is legal. A federal judge in St. Paul, Minn., initially ruled that the lockout was illegal, but the 8th Circuit put a stay on that ruling pending the appeal.

THE ASSOCIATED PRESS

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Crossword

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Across

1 Rue the workout

5 Conks on the noggin

9 Rx safety grp.

12 Glimpse

13 Emanation

14 Filch

15 Sort of basketball shot

17 Lamb's dam

18 Skilled

19 Occurrence 21 "People" rival

22 Big name in Cuban

history

24 Present 27 Curved line

28 Pitch

31 Blunder 32 Ultramodernist

33 Suitable

34 Bump into

36 X rating? 37 Crucial time

38 Made comfortable

41 Secret society 43 Beachwear for a

baby

40 Exist

47 Actress Mendes 48 Type of swim com-

petition

51 Scale note

52 Green land 53 Pinnacle

54 Piercing tool

55 Highway 56 For fear that

1 — Romeo 2 Strina

3 Gardener, at times 4 Barely manage 5 Money of Thailand

6 "— Father, who ..." 7 Expert

8 Cut into boards 9 Mooch

10 Puzzle direction 11 Help a hood

16 "— the season ..." 20 Doggy doc

22 DJ legend Alan

23 Pedestal occupant 24 Jewel

25 Anger 26 Plummet

Today's horoscope

T Aries March 21-April 20 Put

today. Make your own decisions.

¥ Taurus April 21-May 21 You

will face many challenges over the

takes to survive and to thrive.

II Gemini May 22-June 21

derstanding to the next level.

A book or film will broaden your

horizons today and raise your un-

Gancer June 22-July 22 Some-

thing of a joint nature needs to be

handled carefully today, but it also

needs you to make a final decision.

next few days, but you have what it

yourself forward and take initiative

27 Initial stake 29 Hot tub

30 Pigs' digs 35 Mai — (cocktail) 37 Health plan cover-

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43 Start a garden 44 Big buildup

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➤ Yesterday's

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FCES HEM SPEC For today's crossword answers

№ Leo July 23-Aug.23 Let others know what you are thinking, but don't be too blunt or you may

W Virgo Aug. 24- Sept. 22 As a Virgo, you have a serious destiny. You don't know what it is? You will soon. Look at the bigger picture. **△ Libra Sept. 23-Oct. 23** Avoid extremes today but don't avoid a

make it harder to get support.

challenge. Tackle tough tasks. M Scorpio Oct. 24-Nov. 22 If you are mindful of other people's

lot. Leave your ego at home.

needs today, you will accomplish a

and for expanded horoscopes, ao to metronews.ca **₹ Sagittarius** Nov. 23-Dec. 21

You've got a lot on your mind, but the answers may come easier if ou let your hair down a bit.

you let your main down. 22-Jan. 20

Capricorn Dec. 22-Jan. 20 Some people need motivating, others need loving. To you, both will come easy. It's the perfect balance.

Aquarius Jan. 21-Feb. 18 Do something that makes important people sit up and take notice.) Pisces Feb. 19-March 20. If there's someone you want to impress, it's time to turn on the

charm. SALLY BROMPTON

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Sudoku

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How to play

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You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Bavinski, I love you with all my heart. I'm so glad I met you and I wouldn't change a thing if I could. Going on 2 years and it only gets stronger with each day. I love to think about the life we have ahead of us. No matter what the issue is our strength will get us thru. **B**

Baby Cakes, I just wanted to say how much I love & care about you...You truly are an amazing man and I'm so happy that you came into my life love always and forever..xoxo P.S Happy Anniversary. CAREBEAR

Michelle, Hi! Happy Birthday! I miss you so much! I hope you have the best Birthday, new year and everything you could ask for. I hope life treats you well, and every wish is accounted for! I love you so much! Can't wait to see you! xoxox PAUL

BREAKFAST TELEVISION

A look at the weather

TODAY Min 0°

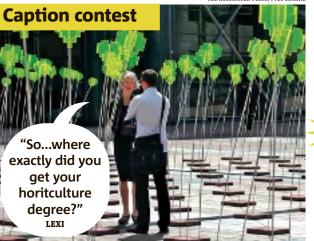
Max 16°

FRIDAY Min 7° Max 16° SATURDAY Min 8°

Max 17°



(BT) Weather Specialist "Weather impacts everything we do Providing the information you need before you head out that door and take on the day is the best part of my morning." WEEKDAYS 6AM





You WIN! write it!

Write a funny caption for the image above and send it to plav@metronews.ca the winning caption will be published in tomorrow's











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